

# Aggression Replacement Training Virtual Courses for Adolescents Ages 12-18

Classes Begin December 21st  
Registration now open.



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Aggression Replacement Training (ART) is an interactive cognitive behavioral intervention program designed to help children and adolescents improve social skill competence and moral reasoning, better manage anger, and reduce aggressive behavior. This evidence-based program specifically targets chronically aggressive children and adolescents ages 12-18.

The ART curricula has proven-effective for challenging youth and features 30 coordinated and integrated lessons. Our instructor will teach a lesson in Social Skills Training, Anger Control Training, and Moral Reasoning each session. Training will occur during each of two virtual Zoom class sessions per week for five consecutive weeks. Our max class size is 8.

**Our next class cycle begins Monday December 21, 2020  
and lasts for 90 minutes each.  
Mondays and Wednesdays 4:30pm -6:00 pm**

Referrals for 20 hours of "Specialized Services: Psycho-Educational Group" are accepted for payment directly from Kidtraks for youth receiving DCS or probation support. Limited prevention fee scholarships are available upon request for non-system ordered youth or those without any funding source.

Schools or other community partners may contract privately if interested in hosting a course at other times.

For more information about program content or registration, please contact [info@connections-inc.net](mailto:info@connections-inc.net) or call 317.423.1000.